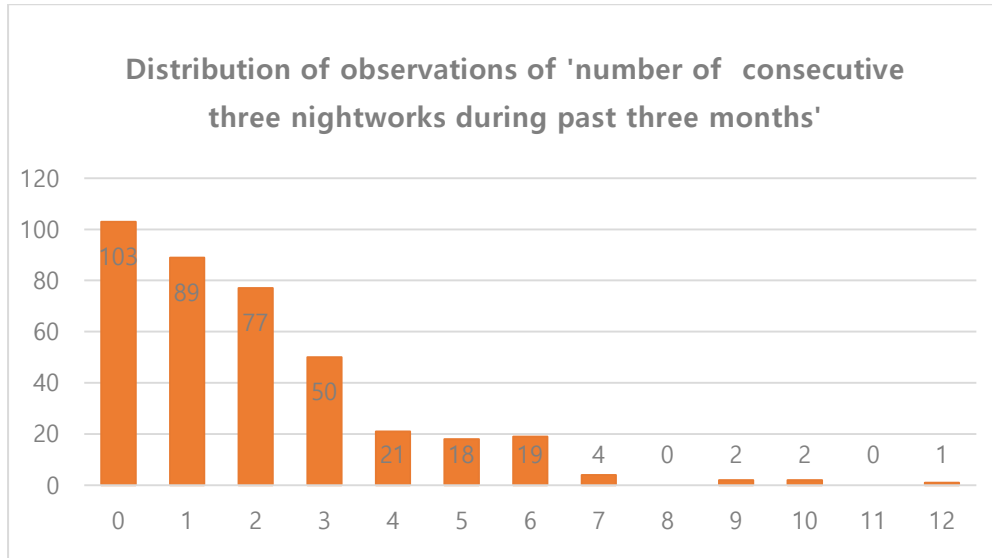
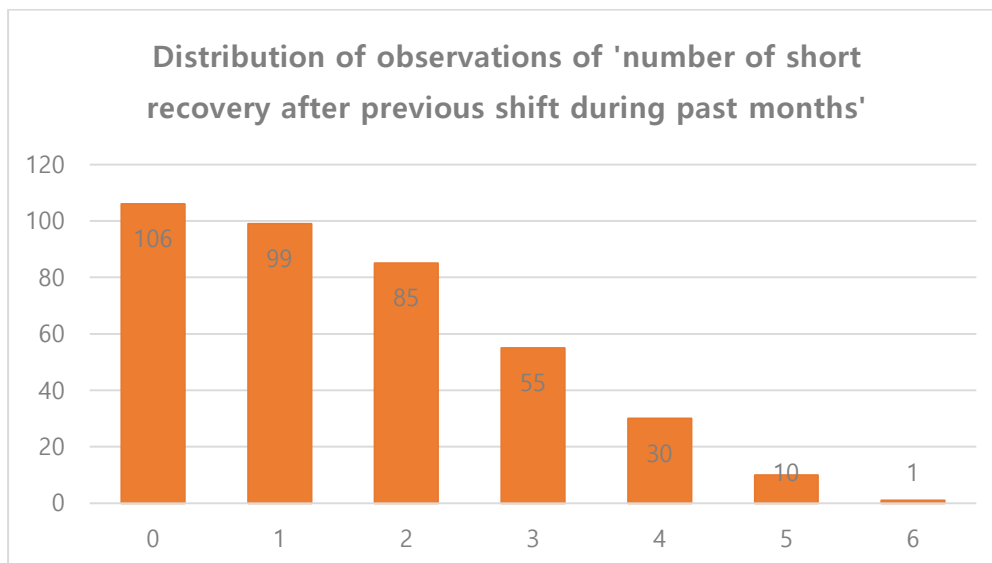


SUPPLEMENTAL MATERIALS

(A)



(B)



Supplemental Material 1. (A) The distribution of observations of 'number of 3nightworks during 3 months. (B) The distribution of observation of 'number of short recovery after previous shift during 3 months.