**Supplemental Material 2. Exploratory factor analysis of Life and career aspects**

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|   |   | Factor 1 | Factor 2 | Factor 3 |
| Q20R7 | I can do my job more efficiently during the extended homework because of the corona crisis. | 0.732 |   |   |
| Q20R8 | I feel more connected to my employer due to the extended homework because of the corona crisis. | 0.710 |   |   |
| Q20R10 | I feel a stronger bond with my colleagues due to the extended homework because of the corona crisis. | 0.630 |   |   |
| Q20R9 | I am experiencing a better work-life balance due to the extended homework because of the corona crisis. | 0.619 |   |   |
| Q20R13 | I experience better concentration at work due to the extended homework because of the corona crisis | 0.550 |   |   |
| Q20R6 | I feel well guided by my employer (or supervisor) during the extended homeworking due to the corona crisis.أ | 0.405 |   |   |
| Q20R12 | I think the extended homework caused by the corona crisis is reducing my chances of burnout in the near future. |   | 0.775 |   |
| Q20R11 | I experience less work-related stress due to the extended homework because of the corona crisis. |   | 0.733 |   |
| Q20R1 | I am globally satisfied that I am working more at home because of the corona crisis. |   | 0.409 |   |
| Q20R2 | I have more conflicts with my family because I work more at home because of the corona crisis |   |   | 0.724 |
| Q20R4 | I am often disturbed by family members during extended homework because of the corona crisis. |   |   | 0.589 |
| Q20R5 | I find it difficult to combine different means of communication (such as phone, e-mail and Skype) during extended homework due to the corona crisis. |   |   | 0.573 |
| Q20R3 | I have more professional conflicts (e.g. with supervisor or colleagues) because I work more at home because of the corona crisis. |   |   | 0.561 |