

**Supplemental Table 1.** Summary guidelines for conducting focus group discussion and in-depth interviews

Main phases	Topics
Opening	Explain the procedure and purpose of focus group discussion/in-depth interview Self-introduction
Introductory questions	Thoughts or feelings about health One's own past and current health condition
Key questions	Meaning of health Meaning of health-related quality of life and its dimensions and items Selecting important items of health-related quality of life from 69 items Assessing one's own health-related quality of life using the EuroQol-5D
Closure	Thanks for participating